



ST. JOHN'S SR.SEC. SCHOOL & JR. COLLEGE

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VALUE EDUCATION TEACHING NOTES V-STD

Lesson -1 Speaking confidently and clearly

I. What do you learn from the life of Oprah Winfrey? Choose the correct answer.

1. Hard work_____pays. (never/always).

Ans: Always.

2. The art of public speaking can become a_____ profession. (rewarding/useless)

Ans: Rewarding.

3. You should_____scared of competition. (be/not be)

Ans: Not be.

4.Oprah Winfrey started her career as_____ a (teacher/radio newscaster)

Ans: Radio newscaster

5. She owes her success to her brilliant_____ skills. (oratory/singing)

Ans: Oratory.

II. Paragraph.

People who speak very well are called orators.

There have been many great orators in the world. Some outstanding orators are:

Winston Churchill: Former Prime Minister of England

Atal Bihari Vajpayee: Former Prime Minister of India

Barack Obama: Former President of the United States

John F Kennedy: Former President of the United States

Arun Jaitley: Former Minister of Finance, Corporate Affairs and Information and
Broadcasting

Sushma Swaraj: Former Minister of External Affairs of India

Narendra Modi: Prime Minister of India

Lesson 2 Saving energy and resources

Choose the option that you think would best save resources.

1. At the birthday party of your friend Rakesh, you see a friend filling up his plate with cake, samosas, dhokla and a lot of other sweets. He does not finish what he has plated and quietly goes out and throws the leftovers in the trash can. What will you do?

- a. You look the other way as if nothing happened.
- b. Go to him and politely tell him that wasting food is not a good thing to do.
- c. You yourself have enough on your plate and do not have the courage to tell him not to waste.

Answer: (b)

2. If you accidentally spill milk on the table, what is the best way to clean up the mess?

- a. Take a cloth and mop the table, and throw away the split milk in the kitchen sink
- b. Use a sponge or a kitchen towel and squeeze the milk into a saucer to be given to your cat or a stray dog.
- c. Switch on the fan and let the milk dry.

Answer: (b)

3. After you finish dinner at home, you find that a few items are still left. What will you do?

- a. Throw them away in the dustbin.
- b. Store them in small containers and put them in the fridge to use them the next day.
- c. Leave them on the table and expect your parents to clean it up the next day.

Answer: (b)

4. Your younger brother leaves all the fans and lights of the room switched on, even when he is walking out of the room.

- a. You will not say anything to him.
- b. You will call him and tell him that he should not waste electricity and should switch off the lights before leaving the room.

c. You will do the same and you feel that one person alone making the effort will not amount to much.

Ans:

5. While brushing your teeth, what should you do?

- a. Open the tap only when required.
- b. You keep the tap running as a small water wastage is not going to make a big difference.
- c. You run the tap for 90 seconds while you put toothpaste on your toothbrush, brush your teeth, and then wash out your mouth.

Answer: (a)

6. Write a short note on

- a. Water harvesting: To be done by the students independently.
- b. Electric vehicles: To be done by the students independently.

II. Paragraph:

Tips to save electricity at home:

Install solar power heater at home.

Reduce excessive heating or cooling.

Water heaters consume a lot of power so switch them off whenever the water is sufficiently hot.

Turn off the TV when you are not watching it.

Shut down the computer when not in use.

During daytime, open the windows and curtains for the effective use of natural light.

If you have security lights outside your house, keep only one or two on for the whole night, switch off the rest.

Lesson -3 Reading habits

A. Answer the following questions.

1. How does reading exercise our brain?

Ans: Reading exercises our brain by strengthening it to make connections and to build new connections.

2. Why does reading help in concentrating?

Ans: It improves concentration as one normally has to sit still and quietly to focus on the story.

3. How does reading enhance vocabulary and language skills?

Ans: Reading improves vocabulary and language skills as we learn new words while reading. We also absorb information on how to structure sentences and use appropriate words and features of language effectively in our writing and speaking.

4. Why does reading improve our power of imagination?

Ans: Reading helps to develop our imagination as even while we are reading we translate the descriptions of people, places and things into pictures.

5. How does reading help in developing a sense of empathy?

Ans: While reading we are also imagining how a character is feeling.

B. Choose the correct option.

1. Children who read often

- a. get tired.
- b. read better.
- c. need glasses.

2. To develop the habit of reading you should start with something

- a. ght and short.
- b. that is lying in the house.
- c. difficult.

3. Reading creates a sense of empathy in us as books centre around

- a. sad endings.
- b. heroes.
- c. human values.

4. People who start reading early have a better chance of

- a. getting a job later.
- b. being good at games.
- c. living longer.

Lesson- 4 How important is education in our life

A. Answer the following questions.

1. How were the children of low caste families treated in the school?

Ans: The children of low caste families were separated from others and given very little attention by the teacher

2. From where did Dr Ambedkar do his BA?

Ans: He did his graduation from Elphinstone College in Mumbai.

3. Why was Dr Ambedkar given a scholarship to do his MA in the US?

Ans: He was given a scholarship as his academic performance was very good.

4. How many PhDs did Dr Ambedkar receive in all?

Ans: He received four PhDs in all.

5. After his tenure as law minister, what was he appointed as?

Ans: He was appointed as the Chairman of the Constitution Drafting Committee to draft and prepare the Constitution of India

B. Complete the sentences.

1. Education will help you achieve your_____.(Goals)
2. Education leads to_____.(Economic growth of the nation)
3. Education helps to adapt to_____.(Newer technologies and innovations)
4. It enables you to take_____.(Informed decision)
5. Education makes us_____.(Reasonable and logical)

Lesson - 5 I am a leader

A. Answer the following questions.

1. How did Vikram Batra display leadership qualities during the capture of Point 5140?

Ans: He was seriously injured in the heavy firing yet he collected his men and motivated them to move on. That's how they managed to capture the post on 20 June 1999.

2. How did Vikram Batra attain martyrdom? . Why has Dhoni been successful as a captain?

Ans: On July 1999, he attained martyrdom while rescuing an injured officer.

3. Why has Dhoni been successful as a captain?

Ans: He has been successful as a captain because of his attitude. He is very cool-headed.

4. What is Dhoni's greatest quality?

Ans: The greatest quality of Dhoni is his ability to withstand pressure.

5. Why did no officer want to be posted at Tihar Jail?

Ans: No officer wanted to be posted to the Tihar Jail as it was infamous as a violent and unmanageable place. The post had been lying vacant for nine months before Kiran Bedi was posted there.

6. What happened in Tihar Jail after Kiran Bedi took charge of it?,

Ans: Bedi decided to turn Tihar into a model prison. During her tenure Indira Gandhi National Open University and National Open School set up their centres inside the prison. Legal cells were set up to help the undertrials. She introduced meditation, yoga and art of living course for the prisoners and introduced new rules and regulations on how prisons were to run. For this she won the Ramon Magsaysay Award in 1994.